



PSA, PSWC, PSNC, SPS, IAPS MC

ABSTRACTION- GETTING THE GLOW
One Day Online Workshop

Greetings Artists!

I'm excited to meet you all! I can't wait to get to know you and I'm happy to have beginners as well as experienced painters!

Here's a supply list [more suggestions than commandment!]

- My personal favorite paper is Uart 320 for this type of painting. Too high a number grit and you cannot layer Easily.

If you cannot get any Uart 320, other wonderful papers exist. Pastel Premier is an excellent paper, or even just Black Hardware Store Wet/Dry Sand Paper about 400 Grit. Art Spectrum Also has a nice paper. [I would not recommend Mi Teintes paper.As it is not sanded.]

- You can easily mount pastel paper on some type of board, like acid free mat board, foam core, or gator board. Check out my Youtube Channel [Laura Pollak Artist] to see how to mount if you'd like to do that. But it is NOT NECESSARY.

- Have 1 piece ready to paint on. Sizes can range from 8 x 10, 9 x 12. If you're feeling confident then you can go larger.
- If you would like to see how I tint paper black, go to my YouTube Channel: Laura Pollak Artist.
- A backer board larger than your mounted paper for your easel.
- Tape or clips to secure you painting to your easel.
- Drop Cloth for under your easel if you wish to protect your floor.
- Apron
- Paper Towels and Baby Wipes.
- Hand protection like Gloves in a Bottle or Surgical Gloves.
- Vine Charcoal sticks Ludwig, Schmincke, Girault... you're all set!

- A wide range of hard to soft pastels. If you are totally new to pastels please let me know and I'll make some suggestions for you to begin. I have seen some great Mungyo Hand Rolled sets online at Walmart [believe it or not!] delivered for a great price. OR you can get them at Jerry's Artarama. They are medium softness, great colors and come in a lovely wooden carrying box.

If you can afford something more pricey... The Blue Earth sets are brilliantly organized and are sold exclusively at Dakota Pastels. They are in order of color and value already.

Then of course if you have Terry Ludwig.

- If your pastels have paper wrappers on them please remove all paper.
- A cheap synthetic brush to take pastel off your board if necessary
- Glassine to cover your masterpieces for protection when you're finished. [Tracing paper or wax paper works just not as well.]
- Something to take notes [could be your sketchbook or your ipad].
- I'd like you all to signup for **PADLET**. This is a FREE application that only asks for your email and is a Bulletin Board. You'll be able to upload your artwork through all stages for discussion and review. [If you're shy about having it public, then you can let me know and we will do another way.
- Have a phone or tablet available to take photos of your work in progress so you can upload them to Padlet for review. Practice this before the workshop by sending to yourself.
- Check your wifi connections so that you are sure that you can stay connected throughout the day.

If you have ANY QUESTIONS, feel free to email me; laurapollak.artist@gmail.com

See you Soon and be prepared to have some FUN!!!

Laura Pollak
PSA, PSWC, PSNC, SPS, IAPS MC